If you wish to take part in the Our Future Health research programme, please complete the following form to show you understand and agree to what it involves. You need to tick all boxes from 1 to 11 to be eligible to take part.

1. I have read and understood the Our Future Health participant information sheet dated 5 March 2021 (version 1.1). I have had the opportunity to ask questions, and these have been answered fully.

2. I understand that taking part in Our Future Health is my choice.

3. I understand that Our Future Health will access, store and link to health-related records about me held by NHS Digital and other UK NHS bodies. I understand that Our Future Health can collect and use this information for research analysis at any point during my lifetime and beyond.

4. I understand that samples of blood and/or saliva that I give to Our Future Health will be stored and analysed in future health-related research. I understand that my de-personalised samples and data could be sent to approved processors outside the UK for analysis.

5. I understand that DNA will be extracted from my blood and/or saliva samples. I understand that my DNA will be analysed for health-related research using a technology called SNP array, and that other technologies might also be used, such as genome sequencing.

6. I understand that Our Future Health might contact me again in the future, including to:
   - send me news and updates about the research programme
   - ask me about my experiences of taking part
   - ask me to complete another questionnaire
   - ask my permission to collect health-relevant information about me from other sources
   - invite me to attend an appointment to give a (further) blood sample
   - invite me to attend an appointment for other assessments, such as imaging
   - ask if I would like to receive personal information arising from my samples or data
   - invite me to take part in other research studies.

7. I understand that researchers approved to access the information collected by Our Future Health could be from universities or commercial research organisations, in the UK or overseas.

8. I understand that my data will be stored and managed in line with data protection laws, and that my samples will be stored in line with the Human Tissue Act, as described in the Our Future Health participant information sheet dated 5 March 2021 (version 1.1).

9. I understand that I will not be paid or benefit financially from taking part.

10. I understand that I can withdraw from Our Future Health at any time without giving a reason. I understand that if I leave Our Future Health, some research may have already taken place using my data and samples, and this cannot be undone.

11. I agree to take part in the Our Future Health research programme.